1 Romaine lettuce (or red leaf lettuce or green leaf lettuce)

2 smalls or 1 big container baby tomatoes

1 cucumber

1 Italian parsley

Iceberg lettuce

2 green peppers

2 red peppers

2 carrots

Strawberries (lots!)

1 cup fresh raspberry

1 cube firm tofu

7 servings of fruit

Dill pickles (if on sale)

2 sleeves of bagels

Hotdog or sausage buns (8)

Dried green lentils (moong dal lentils if possible or regular lentils okay)

1 can beans for Chipotle corn chowder

Canned chili with beans

Ramen noodles

Calrose Rice

2 cans 14 oz. vegetable broth

12 oz. evaporated fat free milk

Sweetened condensed milk (as small of an amount as possible)

Active dry yeast

McCormick Organic Curry Powder

Ground oregano

Chips

8 oz. finely shredded sharp cheddar

2 packages Johnsonville Smoked Sausage ($4.19 each pack), 8 or 10

Milk (2 gallons)

Eggs

Heavy cream (another one of the small ones)

MorningStar Farms Chipotle Black Beans Crumbles

Lysol